



WALK THE WELLNESS WALK DURING THE CSUF STEPS CHALLENGE!

MON. FEB. 14 - FRI. MAY 20



Titans who participate in the CSUF steps challenge by using the CSUF Wellness Walk have opportunities to win prizes.

Scan the QR code to view the wellness walk map online.

OPPORTUNITY DRAWINGS

- Weekly Prize: Total Wellness Swag Bag
- Grand Prize: 2 participants will win a Fit Bit

1. Sign up for the CSUF Steps Challenge.

2. Take a picture of yourself with one of the Tuffy encouragement signs along the Wellness Walk and send it to DL-TotalWellness@fullerton.edu by Friday at 11:59 pm each week to be entered into that week's drawing.



Winners will be posted every Monday on the Total Wellness website.