THE FOUR SIMPLE PRINCIPLES OF...FISH!

**CHOOSE YOUR ATTITUDE!**
There is always a choice about the way you do your work, even if there is not a choice about the work itself.

**PLAY!**
Be serious about your work without taking yourself too seriously at work.

**BE PRESENT!**
Don't allow distractions to destroy the quality which is present in each moment.

**MAKE THEIR DAY!**
Find someone who needs a helping hand, a word of support, or a listening ear.

Additional FISH! Resources:
“Fish!: A Remarkable Way to Boost Morale and Improve Results” by Stephen C. Lundin, Ph.D.
www.fishphilosophy.com