The Office of Diversity, Inclusion & Equity Programs collected resources from participants in the Critical Conversations series. If you have additional resources to add, email us at diversity@fullerton.edu. Follow us on social media to find out when the list is updated.

Social Media

- [10 Steps to Non-Optical Allyship](#)

Phone Numbers

- Dealing with stress, anxiety, or depression? Text HOME to 741741 to connect with a Crisis Counselor. Visit crisistextline.org for more info.
Books

- Just Mercy: A Story of Justice and Redemption by Bryan Stevenson
- Race in the Marketplace: Crossing Critical Boundaries by Johnson, Thomas, Harrison, and Grier
- The Black Dancing Body by Brenda Dixon Gottschild
- Making Our Way Home: The Great Migration and the Black American Dream by Blair Imani
- Teaching to Transgress by Bell Hooks
- The Hate U Give by Angie Thomas
- So You Want to Talk About Race by Ijeoma Oluo
- White Fragility by Robin DiAngelo
- The New Jim Crow: Mass Incarceration in the Age of Colorblindness by Michelle Alexander
- The Black Dancing Body by Brenda Dixon Gottschild
- How to be an Antiracist by Ibram X. Kendi
Videos

- The Missing Ingredient in Self-care
- The Daily Social Distancing Show

PDFs

- Retail Redlining
- Resources for Black Healing
- Presidential Task Force for 21 Century
- #SurvivedandPunished
- Responses to Racist comments collected from the field

Articles

- Don't understand the protests? What you're seeing is people pushed to the edge
- 'Exhaustion is Not An Option': BLM's Patrisse Cullors On Grief and Activism
Spreadsheets
- Black Lives Matter Resources

Google Documents
- Anti-racism Resources
- National Resource List
- CSUF Resources

Websites
- Anti-racism project
- Ways to Help
- Online Protest
- Self-care for #BlackLivesMatter Activists!
- Diverse Books
- Diversity & Resiliency
- Racial Equity Tools
- RIM Blog
Websites

- 2-1-1 Resources
- Medium
- Reading as resistance? The rise antiracist book list
- List of books films and podcasts about racism is a start not a panacea
- Academics for Black Survival and Wellness
- The Characteristics of White Supremecy Culture
- NEA activists launch series of video

Movies

- The Hate You Give
- The 13th
- Just Mercy
- Selma